



MEMORY CARE connections

Providing Full Time Care to an individual with Alzheimer's disease or related dementia in your home can be challenging. We can help you and your family.

The goal of the **Memory Care Connections** research program is to provide knowledge and support to the people caring for their loved-ones with dementia. When family members who are also caregivers receive support and services they need, the person with dementia also benefits. Programs like **Memory Care Connections** has shown to be effective in delaying the need for nursing home care.

A Memory Care Consultant will:

- Assess your situation and discuss your concerns.
- Help you and your family understand Alzheimer's disease and related dementias and how the disease may progress over time.
- Work with you and your family on developing a plan that supports you.
- Discuss strategies, provide coping tools and problem solving skills that will help reduce stress.
- Assist you in obtaining community resources and supportive services.
- Be just a phone call away.

The **Memory Care Connections** program is available in **Ashland, Bayfield, Iron, Sawyer,** and **Price Counties**. Call today to find out how you can participate.

Aging and Disability Center of the North

Toll Free: 1-866-663-3607

-or-

Misty Mogensen

Dementia Care Specialist

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Aging And Disability Resource Center of the North serving Ashland, Bayfield, Iron Price and Sawyer Counties.