

## Location

The Memory Care Consultant will meet with the Caregiver(s) in their home, community, or at a location determined by the caregiver.

## Cost

There is no cost for participating in the Memory Care Connections program.

The **Memory Care Connections** program is available through the Aging and Disability Resource Center of the North (ADRC-N) serving the following counties:

- Ashland
- Bayfield
- Iron
- Price
- Sawyer

To find out how to participate please contact:

Aging and Disability  
Resource Center of the North  
Toll Free: 1-866-663-3607

**MEMORY CARE**  
*connections*

**Our partners include:**



**AGING AND DISABILITY  
RESOURCE CENTER OF THE NORTH**  
**1-866-663-3607**  
**www.adrc-n-wi.org**



**WISCONSIN DEPARTMENT  
OF HEALTH SERVICES**

**alzheimer's  association®**

**MEMORY CARE**  
*connections*



**Guiding You and  
Your Family Through  
Alzheimer's and  
Related Dementias**

# MEMORY CARE CONNECTIONS...Support for Live-In Caregivers

---

Caring for a loved one with Alzheimer's disease or other related dementia can be challenging without support.



Research has found that the **Memory Care Connections** program can reduce your stress and increase family support as you care for your loved one living with Alzheimer's disease or other related dementia.

The goal of the **Memory Care Connections** program is to provide knowledge and support to people caring for their loved one with dementia. When caregivers receive the support and services they need, the person with dementia also benefits.

Programs like **Memory Care Connections** have been shown to be effective in delaying the need for nursing home care.

**Memory Care Connections** is a program for caregivers living with a family member with Alzheimer's disease or other related dementia.

To participate, you need to:

- Be a resident of Ashland, Iron, Price, Bayfield, or Sawyer counties.
- Be open to sharing your experiences in caring for a family member.
- Attend five to seven sessions with a Memory Care Connections Consultant.
- Have at least one family member or friend participate in three to five of the sessions with you.
- Consider attending a caregiver support group.

**We're here to guide you.  
Call us today.**

**A Memory Care Connections Consultant will:**

- Assess your situation and discuss your concerns.
- Help you and your family understand Alzheimer's disease and related dementias and how the disease may progress over time.
- Work with you and your family on developing a plan that supports you.
- Discuss strategies, provide coping tools and problem solving skills that will help reduce stress.
- Assist you in obtaining community resources and supportive services.
- Be just a phone call away.

  
**MEMORY CARE**  
*connections*