



Chequamegon Area Memory Café



LOCATION:

THE SPOT WELLNESS CENTER
116 N14TH AVENUE EAST
ASHLAND WI

THE 3RD THURSDAY OF EACH MONTH

3-5 PM

MEMORY CAFÉ IS A PLACE AND TIME WHERE INDIVIDUALS WITH EARLY MEMORY LOSS, ALONG WITH THEIR CARE PARTNERS, CAN FIND SUPPORT, ACTIVITIES, AND FELLOWSHIP WITH THEIR PEERS.

ABOUT THE SPOT:

THE SPOT FITNESS CENTER

*IN ADDITION TO THEIR FITNESS STUDIO UPSTAIRS, THE SPOT ALSO FEATURES A BAR DOWNSTAIRS. THEY SERVE DELICIOUS CRAFT BREWS ON TAP AND SEASONALLY INSPIRED SIGNATURE DRINKS FOR YOU TO ENJOY. THEY FEATURE "BUILD YOUR OWN PANINI", APPETIZERS AND TREATS, INCLUDING DESSERTS FROM THE DELTA DINER
"THE SPOT IS THE PLACE TO GATHER."*

SPONSORED BY ASHLAND/BAYFIELD COUNTY'S DEMENTIA NETWORK
CONTACT 1-800-272-3900 FOR INFORMATION